

Nebraska Food Distribution Processed Commodity Fact Sheet

Name: *Chicken, Fajita Meat

Product Code: 325

Processor: Gold Kist, Inc.

Category: Meat and Meat Alternate

Date: 4/12/2005

Description: White and dark chicken meat is blended with spices and seasonings, fully cooked, and cut into proportionate pieces and individually quick frozen. It is a heat and serve item.

Pack Size: 156 servings

Storage: Store at 0 degree's F or below

Preparation: Keep frozen until ready to use.

Cooking: Can be thawed and used as is or heated and use in any dish requiring cooked seasoned meat. To heat, place in a 375 conventional oven for 8-10 minutes until an internal temperature of 170 is reached.

Serving Size: 2.05 oz

Meal Contribution: 2 meat/meat alternate

Nutrition Facts			
Calories:	77.32	Protein:	12.03 grams
Total Fat:	3.00 grams	Carbohydrate:	0.55 grams
Saturated Fat:	0.89 grams	Cholesterol:	30.00 mg
Trans Fat:	grams	Calcium:	6.00 mg
Iron:	0.80 mg	Dietary Fiber:	0.00 mg
Sodium:	238.00 mg	Vitamin C:	0.00 mg
Vitamin A:	0.00 IU		